ACTIVITIES PROGRAM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30 am	Thai - Chi	Thai - Chi	Thai - Chi	Thai - Chi	Thai - Chi	Thai - Chi	Thai - Chi
10:00 am	Yoga	Yoga	Yoga	Yoga	Yoga	Yoga	Yoga
10:00 am	Spanish Lesson	Spanish Lesson	Spanish Lesson	Spanish Lesson	Spanish Lesson	Spanish Lesson	Spanish Lesson
10:30 am	AFT (Total Physical Training)	AFT (Total Physical Training)	AFT (Total Physical Training)	AFT (Total Physical Training)	AFT (Total Physical Training)	AFT (Total Physical Training)	AFT (Total Physical Training)
10:30 am	Beach Volley	Beach Volley	Beach Volley	Beach Volley	Beach Volley	Beach Volley	Beach Volley
10:30 am	Boccia	Horseshoes	Boccia	Horseshoes	Boccia	Horseshoes	Boccia
11:00 am	Air Gun	Archery	Air Gun	Archery	Air Gun	Archery	Air Gun
11:00 am	Aerodance	Aerodance	Aerodance	Aerodance	Aerodance	Aerodance	Aerodance
11:00 am	Waterpolo	Water Volley	Waterpolo	Water Volley	Waterpolo	Water Volley	Waterpolo
11:30 am	Aqua Gym	Aqua Gym	Aqua Gym	Aqua Gym	Aqua Gym	Aqua Gym	Aqua Gym
11:30 am	PIAS Anti Stress Program	PIAS Anti Stress Program	PIAS Anti Stress Program	PIAS Anti Stress Program	PIAS Anti Stress Program	PIAS Anti Stress Program	PIAS Anti Stress Program
12:00 pm	Merengue Lesson	Salsa Lesson	Bachata Lesson	Merengue Lesson	Salsa Lesson	Bachata Lesson	Merengue Lesson
12:30 pm	Pool Games	Pool Games	Pool Games	Pool Games	Pool Games	Pool Games	Pool Games
3:00 pm	Archery	Air Gun	Archery	Air Gun	Archery	Air Gun	Archery
3:00 pm	Beach Volley	Beach Volley	Beach Volley	Beach Volley	Beach Volley	Beach Volley	Beach Volley
3:30 pm	Ping Pong	Darts	Ping Pong	Darts	Ping Pong	Darts	Ping Pong
4:00 pm	Yoga	Yoga	Yoga	Yoga	Yoga	Yoga	Yoga
4:00 pm	Spinning	Spinning	Spinning	Spinning	Spinning	Spinning	Spinning
4:30 pm	Bachata Lesson	Merengue Lesson	Salsa Lesson	Bachata Lesson	Merengue Lesson	Salsa Lesson	Bachata Lesson
5:00 pm	Step	Step	Step	Step	Step	Step	Step
6:00 pm	Thai - Chi	Thai - Chi	Thai - Chi	Thai - Chi	Thai - Chi	Thai - Chi	Thai - Chi