



Información SPA

Grand Hotel Iberostar Bávaro



Servicios

Spa Sensations offers facial and body treatments based primarily on the Germaine de Capuccini, Opi, Davines and Sebastian product lines as well as a selection of massages. The spa has twelve treatment rooms including two couples' suites with private Jacuzzis. The other services include a steam room, sauna, individual men's and women's Jacuzzi and a fresh-squeezed juice stand. The doors are open to clients for as long as they wish to stay.

Spa sensations has created a series of special ritual treatments for couples.

The Romantic Asia treatment begins with a Romantic vanilla bath as you enjoy a cup of ginger, lemon and honey tea; it continues with a spice exfoliation (cinnamon, cloves, coffee) to remove dead skin cells from the surface of the skin and a silk wrap followed by our Ayur-Balancing Indian Massage using the hands, fist, forearms, elbows and fingers, with delicious oriental cardamom and spice-scented oils.

The massages that are available include Swedish and Thai massages, aromatherapy, reflexology, Ayur-Balancing, conch shell, hot stones and many more. The spa also offers weight-loss and skin-toning therapies as well as collagen and anti-aging treatments and deep-cleaning facials. Treatments for men are also available.



List of treatments

- Massage
- Aromatherapy
- Scalp
- Back massage
- Hot stones
- Reflexology
- Shiatsu
- Swedish
- Thai
- Deep
- Ayr-Balancing
- Therapeutic
- Conch shell
- Trip to the Orient

- Facials
- Timexpert anti-aging
- So sensitive delicate/relaxing
- Anti-acne deep cleaning
- Dermatological treatment for the back
- Hydrating
- Revitalizing
- Oxygenizing
- Collagen veil



Body treatments

- Marine spa body exfoliation
- Chocolate exfoliation
- Spice exfoliation
- Body wraps
- Weight-loss
- Seaweed wrap
- Mud wrap



- Chocolate wrap
- Grape wrap
- Coffee wrap
- Natural Caribbean wrap
- Burned skin wrap with fresh aloe vera
- Pearl wrap
- Golden wrap hours 9:00 AM – 7:00 PM

- Jacuzzi
- Swedish sauna
- Steam room
- Multifunctional shower hours 8:00:00 AM -7:00 PM

